



TRITON TRIBUNE



MESSAGE FROM THE LEADERSHIP TEAM

Dear Athlos families,

We appreciate your support and partnership as we navigate the new school year through distance learning and on campus together. We are so excited to have our students back to learning and engaged in classrooms and online! Now that we've been back to learning for some time, we want to take another opportunity to collect feedback from you.

We rely on parent/guardian feedback as we strive to continually improve our educational offering to students and families. Please let us know how the school year is going for your children and family by taking either our distance learning or on campus survey.

As always, thank you for your support and partnership as we navigate this new learning landscape together.

Sincerely,

Your Athlos Academy of Jefferson Parish leadership team

LOOKING AHEAD

October 7

School Board Meeting

October 12

Fall Break - NO SCHOOL

October 13

Fall Break - NO SCHOOL

October 23

Conferences - NO SCHOOL

November 2

Conferences - NO SCHOOL

November 3

Election Day - NO SCHOOL

November 4

School Board Meeting

November 23-27

Thanksgiving Break - NO SCHOOL

STAFF SPOTLIGHT: YOLANDER HARRIS



Mrs. Y. Harris is a tenure teacher who has been in the field education for 26 years. She knew she wanted to become an educator from being influenced by her mom, aunts and older cousins.

“My family has a knack for turning the ordinary into something extraordinary in the field of education,” Ms. Harris said. “That is what influenced me to become an educator and follow in my family’s footsteps.”

“Teaching at Athlos Academy of Jefferson Parish has been a rewarding experience for me. I have had the opportunity to teach creative students with diverse backgrounds. I pride myself on utilizing a positive management system which is conducive to student’s positive outcomes.”

Ms. Harris strives to work cooperatively with students, teachers, and staff at Athlos Academy of Jefferson Parish.

Fun Facts:

- “My two youngest children are also enjoying being a part of the Athlos family.”
- “My husband and I are the proud grandparents of two!”

STAFF SPOTLIGHT: LARRY BRIDGES

Mr. Larry Bridges is one of our Army Veterans who joined the AAJP team last year. He is the Lead Teacher for sixth grade, as well as one of our sixth-grade math teachers. Mr. Bridges has taught math and science for the last nine years in his home state of Mississippi. He went to school to be a respiratory therapist but changed his major to education after two years.

He was influenced to become an educator from his past job, where he was always teaching his fellow co-workers necessary skills and concepts to do their job.

“Teaching at Athlos Academy of Jefferson Parish has been a rewarding experience for me,” Mr. Bridges said. “I have had the opportunity to learn many new concepts to pass down to my students, and to teach a range of students from many diverse backgrounds. I have also made many new relationships with students, parents, and staff.”

Fun facts:

- “I love the wilderness. I love to travel a lot. I love to eat all types of food.”



STUDENT SPOTLIGHT

Emma is one of our distance learning students! Check out her distance learning workspace and the hat she made for science class! How are you staying engaged in learning from home?

Tell us by emailing social@athlosacademies.org.

Thank you for sharing, Emma!



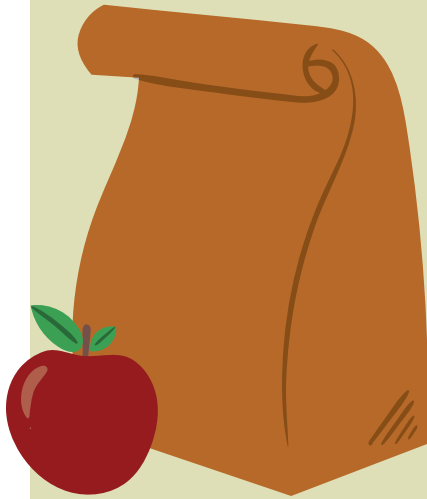
Run the Athlos Network!

4,800 miles



Athlos Academies is inviting each of their schools to participate in a virtual “run” as a way to support the Healthy Body pillar. We mapped out the distance between each of the four Athlos Academy schools and it comes out to a whopping 4,800 miles! Each school in the Athlos network is competing to see who can “run” 4,800 miles as a group.

To reach our goal we can record miles with any type of movement: biking, hiking, running, swimming, etc. Everyone in the Athlos community is invited to participate! For example, if you have a family of 5 and you all go on a 4-mile bike ride, you would record 20 miles for our school. To submit your miles, send an email with the miles you recorded to social@athlosacademies.org. Include a video or photo of your exercise to have it posted on the Athlos Academy social media pages! Let’s see if we can compete with the other campuses!



BREAKFAST & LUNCH ARE ON US!

We are pleased to inform you that Athlos Academy of Jefferson Parish will be implementing a new option available to schools participating in the National School Lunch and School Breakfast Programs called the Community Eligibility Provision (CEP) for School Year 2020-2021.

What does this mean for you and your children attending Athlos?

Great news for you and your students! All enrolled students of the school sites named above are eligible to receive a healthy breakfast and lunch at school at no charge to your household each day of the 2020-2021 school year. No further action is required of you. Your child(ren) will be able to participate in these meal programs without having to pay a fee or submit a meal application.

If we can be of any further assistance, please contact us at 504-290-2510.

SEPTEMBER BREAKFAST MENU

	1 Egg and Cheese Muffin Fresh Fruit, Fruit Juice	2 Blueberry Muffin, Cheese String Fresh Fruit, Fruit Juice	3 Breakfast Sausage Sandwich Fresh Fruit, Fruit Juice	4 French Toast Sticks Fresh Fruit, Fruit Juice
7 Labor Day	8 Maple Pancake Chicken Sausage Sandwich, Fresh Fruit, Fruit Juice	9 Banana Muffin Cheese String Fresh Fruit, Fruit Juice	10 Chicken Biscuit Fresh Fruit, Fruit Juice	11 Cinnamon Rolls w/ Icing, Fresh Fruit, Fruit Juice
14 Cinnamon Toast Crunch Cereal, Cheese String, Fresh Fruit, Fruit Juice	15 Egg and Cheese Muffin Fresh Fruit, Fruit Juice	16 Blueberry Muffin, Cheese String Fresh Fruit, Fruit Juice	17 Chicken Biscuit Fresh Fruit, Fruit Juice	18 French Toast Sticks Fresh Fruit, Fruit Juice
21 Cinnamon Toast Crunch Cereal, Cheese String, Fresh Fruit, Fruit Juice	22 Maple Pancake Chicken Sausage Sandwich, Fresh Fruit, Fruit Juice	23 Banana Muffin String Cheese Fresh Fruit, Fruit Juice	24 Breakfast Sausage Sandwich Fresh Fruit, Fruit Juice	25 Cinnamon Rolls w/ Icing, Fresh Fruit, Fruit Juice
28 Cinnamon Toast Crunch Cereal, Cheese String, Fresh Fruit, Fruit Juice	29 Egg and Cheese Muffin Fresh Fruit, Fruit Juice	30 Blueberry Muffin, Cheese String Fresh Fruit, Fruit Juice		Fresh Fruit or Fruit Juice Served Daily With All Breakfast

SEPTEMBER LUNCH MENU

	1 Spaghetti and Meatballs, Steamed Broccoli, Garlic Bread Stick, Fresh Fruit	2 Salisbury Steak with Brown Rice and Gravy, Green Beans, Mixed Salad with Carrots, Italian Dressing, Fresh Fruit	3 Turkey Nachos – Tortilla Chips, Cheese, Lettuce, Seasoned Corn and Salsa, Fresh Fruit	4 Pepperoni Pizza, Romaine Lettuce w/ Shredded Carrots, Italian Dressing, Fresh Fruit (Pork: Sub Cheese Pizza)
7 White Beans w/ Smoked Turkey Sausage and Rice, Seasoned Green Beans, Biscuit, Fresh Fruit	8 Frito Pie – Chili, Cheese, Lettuce, Corn, Sour Cream, Frito Chips, Fresh Fruit	9 Oven Fried Chicken Tater Tots, Ketchup, Steamed Broccoli, WG Biscuit Fresh Fruit	10 Turkey Tacos – Soft Tortilla, Cheese, Lettuce, Seasoned Corn and Salsa, Fresh Fruit	11 Hot Dog with Chili, Oven Baked Fries, Ketchup, Mustard, Fresh Fruit
14 Meatball Marinara on Ciabatta Bread, Seasoned Corn, Fresh Fruit	15 Gumbo w/Chicken and Smoked Turkey Sausage, Brown Rice, Wheat Crackers, Mixed Salad w/ Diced Tomatoes, Italian Dressing, Fresh Fruit	16 BBQ Chicken Thigh, Mac and Cheese, BBQ Baked Beans, Seasoned Green Beans, Fresh Fruit	17 Spaghetti and Meat Sauce, Steamed Broccoli, Garlic Bread Stick, Fresh Fruit	18 Chicken Tenders, Potato Wedges w/ Ketchup, Baby Carrots w/ Ranch Dressing, Fresh Fruit
21 Red Beans and Rice, Cornbread, Baby Carrots w/ Ranch Dressing, Fresh Fruit	22 Hamburger w/French Fries, Lettuce, Tomato and Pickle, Ketchup, Mayo, Fresh Fruit	23 Herb Roasted Chicken, w/ Rice and Gravy, Seasoned Peas, Biscuit, Mixed Salad w/ Carrots and Italian Dressing, Fresh Fruit	24 Lasagna, layered Pasta and Cheese w/ Meat Sauce, / Seasoned Green Beans, Breakstick, Fresh Fruit	25 Cheese Pizza, Romaine Lettuce w/ Shredded Carrots, Italian Dressing, Fresh Fruit
28 White Beans w/ Smoked Turkey Sausage and Rice, Seasoned Green Beans, Biscuit, Fresh Fruit	29 Cheeseburger w/French Fries, Lettuce, Tomato and Pickle, Ketchup, Mayo, Fresh Fruit	30 Chicken Tenders, Potato Wedges w/ Ketchup, Baby Carrots w/ Ranch Dressing, Fresh Fruit	<i>There are no Pork Products within this Menu unless stated</i>	Fresh Fruit Served Daily With All Lunches

LETTER TO PARENTS

Dear Parent/Guardian,

This letter brings important information on some of the school health policies and general information you need to know to help us ensure students have a healthy and successful school year.

ALLERGIES

A Diet Prescription for Meals at School form or a doctor's order needs to be updated at the start of each school year. Verbal updates or phone calls cannot be accepted. If your child has a food allergy, please submit an updated doctor's order to specify the food allergy as soon as possible. If there is a food preference, parents can write a letter to the school nurse/administration for inclusion in the student's file.

MEDICATIONS

If your child must have medication of any type during school hours, including over-the-counter drugs, you have the following choices:

1. You may arrange for medications to be dispensed by school nurse/trained staff. ALL medication (**prescription and non-prescription**) MUST be accompanied by an Authorization to Administer Medication form and a physician's medication order, which includes the date, the name of the medication, dosage, time to be given at school, route of administration, and any special instructions. Take the form to your child's doctor and have him/her complete the form by listing the medication(s) needed, dosage, and number of times per day it is to be administered. This form is available from the school nurse, front office, or online. Medication will not be administered without an order form from a Louisiana (or adjacent state) licensed physician, dentist or other prescriber authorized in the state of Louisiana.
2. The parent/legal guardian shall arrange for the safe delivery of the medication to and from school by a responsible adult. That adult will also assist the school personnel with the counting of the medication. Prescription medicines must be brought to school in a pharmacy-labeled bottle. Over-the-counter drugs must be received in the original container. Both must be labeled with instructions on how and when the medication is to be given and labeled with your child's name. The over-the-counter medication will be administered according to the doctor's written instructions.
3. The parent/legal guardian is also to:
 - a. Administer the first dose of medication at home and observe student for possible side effects;
 - b. Provide no more than a 25-school day supply of medication to be kept at school;
 - c. Comply with written and verbal communication regarding school policies;
 - d. Provide unit dose packaging of the student's medication, whenever possible.
4. You may discuss with your child's doctor an alternative schedule for administering medications (e.g. outside school hours).
5. If your child is subject to unusual health hazards such as an allergy to certain foods and/or requires special medical intervention (e.g. asthma, diabetes, etc), please notify the school nurse.
6. **Diabetic students:** The school will follow the Louisiana Department of Education handbook on plan of care for diabetic students. Please contact the school nurse for development of your child's Individual Health Plan.
7. Some students may need to self-medicate for certain chronic health conditions. Students who need to self-medicate with a prescription drug (i.e. Inhaler, Epi-pen, oral prescription medications, etc.) must have a self-medication authorization form on file at school which includes the physician and parent/legal guardian signatures.

Students who may need to self-medicate with an over-the counter medication (non-prescription) must have a written authorization by their parent/legal guardian that includes the date, time medication is to be self-administered, and the amount to be taken. Medication should be in an original container and labeled. If students are seen giving or selling any medication to another student, they will be violation of the school drug policy.

8. Parents may come to school and give the medication to their child at appropriate times.
9. At the conclusion of a student's treatment, the unused medication must be removed from the school by the parent.
10. School personnel will not administer any medication to students unless they have received a medication form properly completed and signed by the doctor, and the medication has been received in an appropriately labeled container. In fairness to those giving the medication and to protect the safety of your child, there will be no exception to this [policy](#). If you have any questions about this [policy](#) or other issues related to the administration of medication in the school, please contact the school nurse.

IMMUNIZATIONS

As the 2020-2021 school year begins, whether students will be attending virtually or in person, the Louisiana school vaccination entry requirements have not changed. Vaccination requirements are essential tools for maintaining high vaccination coverage and low rates of vaccine-preventable disease. Students have until Friday, October 16, 2020 to turn in paperwork or the student will not be allowed to attend school. [A written dissent must be signed by the physician and submitted to the school, if immunizations are contraindicated for medical reasons. A parent must fill out a \[personal or religious dissent\]\(#\) and submit it to the school.](#)

All forms may be returned to the school nurse by emailing tnguyen@athlosjp.org or by delivering them to the check-in table in the front office foyer.

Thank you for your cooperation,

Tina Nguyen

School Nurse