



# TRITON TRIBUNE



## MESSAGE FROM THE LEADERSHIP TEAM:

From the Desk of Principal Martin  
Performance Character Spotlight

If you are a parent or have a younger sibling, you have probably experienced the dreaded question “Why?” Why can’t I stare at the sun? Why can’t I sleep at a friend’s house? Why does the moon only come out at night? Why do I have to wear a mask?

Truth be told instead of being annoyed we should celebrate and encourage why. We could never imagine how different the world would be if some of our most famous scientists, engineers, and innovators did not ask why.

*Millions saw the apple fall, but Newton was the one who asked why.*

*Bernard Baruch*



As we are introducing African American contributions to society, please encourage your students to examine the world around them and ask why.

- Why did Gladys West invent a model of Earth?
- Why did G. W. Carver decide to experiment with peanuts?

You just may spark a lifelong interest that leads to a new discovery.

## LOOKING AHEAD

February 15–19	February 17–March 2	February 24	March 3
NO SCHOOL Mardi Gras Break	Virtual and In-Person Book Fair	Finance Committee Meeting 6:30 p.m.	Governance Committee Meeting 6:00 p.m. Board Meeting 7:00 p.m.

# BOOK FAIR

## BOOK FAIR – SHOP IN-PERSON OR ONLINE AND SUPPORT OUR SCHOOL!

Shop in-person at school:  
February 22-26

Shop at the virtual book fair online:  
Feb. 17-March 2

 [SHOP THE BOOK FAIR!](#)

Every purchase from the Scholastic Book Fair earns rewards for our school and helps develop a love of reading, so please shop and support the Book Fair.

Support our school by shopping the Scholastic Book Fair online for an expanded selection of exclusives, new releases, value packs, and more. All orders ship home and book-only orders over \$25 ship free.

## FACE COVERINGS AND HEALTH SAFETY REMINDER



Please remind students to wear their cloth face coverings on the bus and during school. Cloth face coverings must always be worn on the bus and at school. **Face coverings need to cover the nose and mouth completely.** To maintain on-campus learning, we need everyone to do their part.

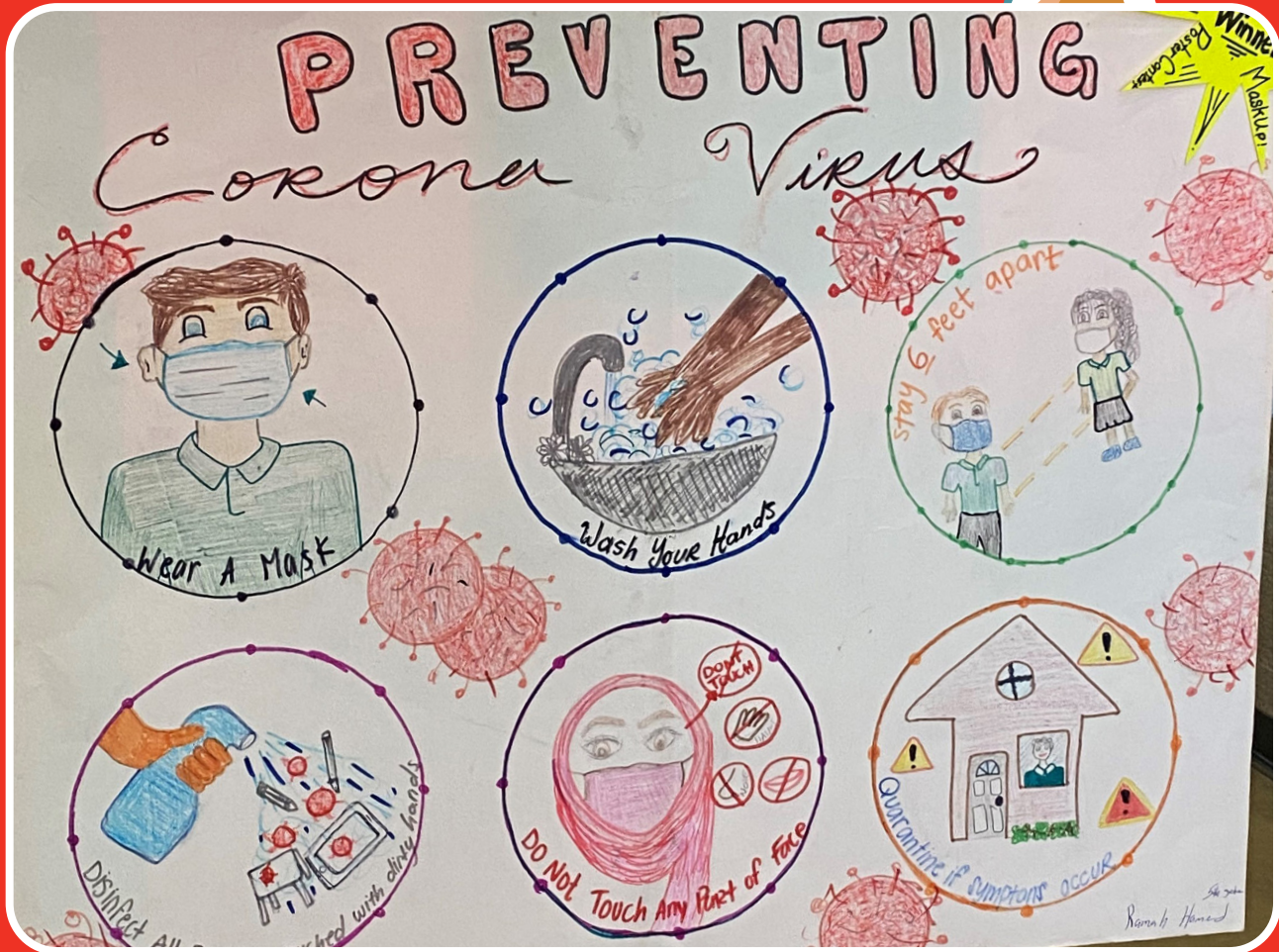
Please remind your child of the importance of washing hands often and following instructions in classrooms, hallways and the playground to maintain social distance. We also suggest sending an extra face covering in case one becomes lost or soiled.

[Read these tips on our website](#) on how to help children wear face coverings. Thank you for your continued support as we keep students and staff healthy and learning.

# MASK UP POSTER CONTEST

Students took part in creating a poster that encourages everyone to wear their mask properly.

Thank you to all who participated. The posters are now on display in the office and Triton Hall.



## Winners!

### Upper School Winner:

Ramamah , 5th grade - Ms. Kovacich

### Lower School Winner:

Rasha - 1st grade - Ms. Patzwall

### Upper School Honorable Mention:

Hope- 6th grade - Mr. Bridges

### Lower School Tie:

Janyri- 1st grade - Ms. Galatas

Jimmy- 1st grade - Ms. Tran

### Special Unique Design:

Anestasia in K, Ms. Pierre - for double-sided poster

### Best Class: Kindergarten



# MARDI GRAS IN PLACE



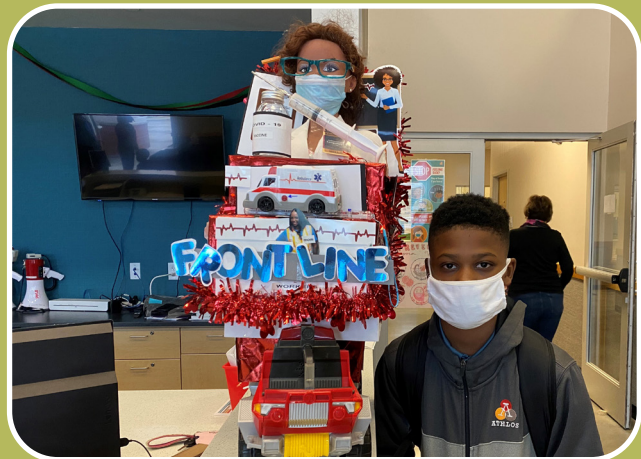
FEBRUARY 11, 2-3 PM

On Thursday, February 11, we celebrated Mardi Gras in Place in a creative way on campus!

All students, faculty, staff and administration alike showed their Mardi Gras spirit by wearing purple, green, and gold colors such as their favorite Mardi Gras shirts, socks, beads, jester hats, king and queen crowns or costumes.

Thank you to our faculty, staff, and administration who donated bags of leftover Mardi Gras beads and parents and teachers who brought king cake to their student's homerooms.

We showed our NOLA spirit with our Performance Character Traits including initiative, energy, creativity and zest!



Athlos families are invited to play BINGO with the Performance Character card at home. Print off the card or pick one up at the front desk.

Once you have four across, diagonal, or down, post a photo on social media or email the photo to [social@athlosacademies.org](mailto:social@athlosacademies.org) and we will share it on our social media pages. If you provide a photo of your child or your family doing any of the activities (like performing a chore at home), we will also share that on social media.

## Performance Character Trait BINGO

This is a great way to reinforce the Athlos model at home and help your children learn Performance Character both in and out of school.

# Performance Character Trait

# BINGO

<b>Courage</b>	<b>Integrity</b>	<b>Leadership</b>	<b>Energy/Zest</b>	<b>Creativity</b>
Try a new food	Do a service without being asked	Help make family goals	Watch a sunset/rise	Find 3 new ways to use common household items
<b>Curiosity</b>	<b>Focus/Self-control</b>	<b>Social Intelligence</b>	<b>Creativity</b>	<b>Optimism</b>
Go on a mini adventure	Learn how to meditate	Share with a friend/sibling	Find 3 ways to balance a ball	Overcome a hard task
<b>Grit</b>	<b>Humility</b>	<b>FREE</b> 	<b>Initiative</b>	<b>Leadership</b>
Make steps to reach a goal	Do a secret kind act		Do a household chore without being asked	Play "Simon Says"
<b>Energy/Zest</b>	<b>Creativity</b>	<b>Initiative</b>	<b>Focus/Self-control</b>	<b>Grit</b>
Go on a daily 15 minute walk for a week	Write a short story using shadows	Give a random shout-out to a friend	Play green-light red light	Challenge yourself to beat a personal record
<b>Focus/Self-control</b>	<b>Grit</b>	<b>Optimism</b>	<b>Curiosity</b>	<b>Energy/Zest</b>
Build something out of cards or dominos	Practice a forgotten skill	Name 3 things you are grateful for each day	Learn about an animal or insect	Learn a new skill

# Run the Athlos Network!

**4,800 miles**



Athlos Academy is participating in a competition in alignment with our Healthy Body pillar. This is a great opportunity to promote and encourage a healthy school, staff and families! Each week along with the competition Coach Rowe will post fun Wellness Wednesday Tidbits on the Coach's Corner section of the school website.



**Prizes!**  
**\$25 Amazon Gift Card!**

**The person with the most miles/steps will win a \$25 gift card from Amazon.**

Coach Rowe is also actively searching for other prizes from local businesses.

If you or someone you know may want to donate a prize please reach out to Coach Rowe!

**The deadline to enter for prizes is Friday, February 12.**

## Who can compete?

All staff, students and families!

## How do I track my steps?

Your smart phone, smart watch, fitness watch or other wearable should have a function to track your daily and weekly steps. If you Google your device followed by "How to find my steps?", you will find where this is located.

## What if I don't have a fitness watch?

No problem! Most smart phones will track your steps while it is in your pocket.

## Where do I record my steps?



Each Monday fill out your information and total steps for the entire previous week on the following form. Coach Rowe will take care of the rest.

**Access Run the Athlos Network Weekly Log!**

# STAFF SPOTLIGHT: MS. LYNETTE SMITH



**Lynette Smith:**  
7th & 8th Grade STEM Teacher

**How long have you been teaching?**  
I've been teaching for 15 years.

**What grades have you taught?**  
My first 6 years of teaching 1st and moving into middle school for 9 years.

**What do you do in your spare time?**  
I love spending time with my family, relaxing at the beach and shopping

**What do you love about Athlos?**  
What I love about Athlos is the community atmosphere, my amazing coworkers, and my wonderful students!





# STUDENT SPOTLIGHT



**ALANA**

**GRADE: 2ND**

WHAT DO YOU LIKE ABOUT ATHLOS?

What I like about Athlos is that I have a good teacher. Mr. Mixon teaches us new things everyday.

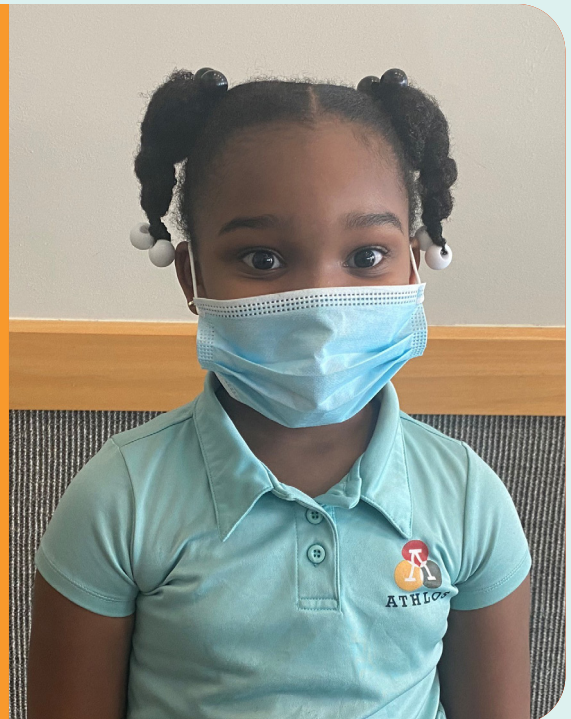


**TARAJ**

**GRADE: 2ND**

WHAT DO YOU LIKE ABOUT ATHLOS?

What I like about Athlos is the building and gym! I get to see my friends and learn new things.







# NEW STUDENTS!

Tell us about yourself and enter to win a \$50 Amazon gift card!

## NEW STUDENT RAFFLE & ENROLLMENT UPDATE

Did you know that 82% of Athlos Academy families plan to return next year? We are still enrolling for Kindergarten and 1st grade for next year. There are waitlists for most grades, but applications are still being accepted.

Are you a new addition to the Athlos family? We want to hear about why you and your child(ren) chose Athlos Academy. Share a fun picture and answer a few questions to be entered to win a \$50 Amazon gift card!

To participate, please send the following to [social@athlosacademies.org](mailto:social@athlosacademies.org):

- A current photo of your child(ren)
- Your child's first name and grade they will be entering
- The answer from your child(ren) and yourself to following prompts:
- I am excited to start school at Athlos because...
- My favorite superhero is ...
- I chose Athlos for my child(ren) because ...
- A consent to allow us to post your photo on our Facebook page (This can just be a sentence in your email that says, "I give permission for Athlos Academy to share my child's photo on social media.")

Student spotlights will be featured on our Facebook page. We will notify you when your child's feature is published!

By submitting these items to us via email, you will be entered into our raffle for the \$50 Amazon gift card.

**The submission deadline for this raffle is Monday, March 8 at midnight! A winner will be chosen on Tuesday, March 9.**

# THE MORE YOU KNOW

## UPDATES AND REMINDERS



### WATER BOTTLES:

Water bottles must be clear and pre-filled with only water. Please do not send other types of water bottles to school and do not fill them with anything but water. Thank you!

### CHECKOUT:

The latest you can check out your child is 2:30 p.m. before dismissal time. Dismissal is an important time of the school day when our staff need to be focused on all students and ensuring their safe departure from school. Thank you for helping us ensure a safe and smooth ending to our school day by picking up your child before 2:30 p.m.

### DISTANCE LEARNING ETIQUETTE:

Parents, please model appropriate behavior at home while your child is learning virtually. Limit distractions and conversations while your child is focused on their lesson and help your child by creating an environment that is conducive to learning.

