



AUGUST BREAKFAST/LUNCH MENU

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
B: Cinnamon Toast Cereal & String Cheese 8 L: Red Beans & Rice, Green Beans and Biscuit	B: Blueberry Muffin and Applesauce 9 L: Turkey Tacos - Cheese, Lettuce, Corn, Salsa, Black Beans and Soft Tortilla	B: Cinnamon Waffles and Sausage Links 10 L: Spaghetti & Meat Sauce, Steamed Broccoli, Salad w/Carrots	B: Sausage Biscuit Sandwich 11 L: Oven Fried Chicken Tater Tots, Broccoli and a Roll	B: French Toast Sticks 12 L: Hot Dog w/Chili, Fries, Ketchup and Mustard
B: Cinnamon Toast Cereal & String Cheese 15 L: Gumbo w/Chicken & Sausage, Rice, Green Beans and WG Crackers	B: Blueberry Waffles and Sausage Links 16 L: Turkey Tacos, Meat, Salsa, Cheese, Lettuce and Corn	B: Banana Muffin and Applesauce 17 L: Spaghetti & Meat Sauce, Steamed Corn, Salad w/ Carrots	B: Maple Waffle and Chicken Sandwich 18 L: Herb Roasted Chicken, Roll, Potato Au Gratin and Broccoli	B: Cinnamon Rolls w/Icing 19 L: Cheese Pizza, Salad w/Carrots
B: Cinnamon Toast Cereal & String Cheese 22 L: White Beans & Rice, Green Beans and Biscuit	B: Blueberry Muffin and Applesauce 23 L: Frito Pie - Chili, Cheese, Lettuce, Corn and Sour Cream	B: Cinnamon Waffle and Sausage Links 24 L: Dirty Rice, Steamed Broccoli and Cucumber Salad	B: Sausage Biscuit Sandwich 25 L: Hamburger Helper, Steamed Broccoli and Breadstick	B: French Toast Sticks 26 L: Pepperoni Pizza, Salad w/ Carrots Pork Alt: Cheese Pizza
B: Cinnamon Toast Cereal and String Cheese 29 L: Red Beans and Rice, Green Beans and Biscuit	B: Blueberry Waffles and Sausage Links 30 L: Turkey Nachos, Meat, Salsa, Cheese, Lettuce and Corn	31 No School		

- Fruit and Veggies are Served with Every Meal
- Free Breakfast and Lunch for All Students
- USDA is an Equal Opportunity Provider
- Menu items are subject to change

All Meals Served With:
Low Fat White Milk or Non Fat Chocolate Milk and Fresh Fruit or Fruit Juice
Cereal & String Cheese Served Everyday as Alternative Breakfast



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[MySchoolBucks.com](https://www.MySchoolBucks.com)