

Take advantage of the good weather by celebrating spring with your family! Here are a few fun and unique activities students can do with their families to learn, move, and explore this spring.



VISIT A LOCAL NURSERY

Find one of the many local nurseries in our area and learn about a special kind of flower or plant that requires planting at the beginning of the year. If possible, take this plant home to grow in your yard or planter.

GO PLOGGING

While you're out around town, nearby parks or community trails, consider going "plogging," which is to jog while picking up trash. This is a great opportunity for your family to help keep our community clean and beautiful.

JOIN A COMMUNITY GARDEN

A community garden allows family members of all ages to learn how to care of different plants, maintain schedules, and teaches responsibility. There are many community gardens in the Jefferson Parish area. Learn how to get involved here.

GO ON A DISCOVERY WALK

If you're looking for more of a casual walk filled with observation and exploration, you can visit some nearby nature preserves and gardens, such as the <u>Barataria</u> <u>Preserve</u>, the <u>Chalmette Battlefield</u>, and <u>Lafreniere</u> <u>Park</u>.

VISIT A FARMER'S MARKET

We have several farmer's and seafood markets that are fun to visit and explore. Some are seasonal, and others are open year-round. Check out a market near you and support your local farmers!



PLAY A GAME OF SHADOW TAG

This activity requires a at least two people, a sunny day, and wide-open area like a large backyard or local park. The goal is to tag the other person's shadow with your feet. This game perfect for young children and is more fun when played around mid-day with several participants.