



# TRITON TRIBUNE



## MESSAGE FROM THE LEADERSHIP TEAM

Dear Athlos families,

Our families and staff have had some challenging few weeks between COVID-19 and the hurricane. With grit and teamwork, we can rise to the occasion and meet these challenges.

We are making a change regarding COVID-19 communication with families. Going forward, we will only notify families with students who need to quarantine. We will not notify the entire school each time we have a positive COVID-19 case. Notifying the entire school created confusion and raised anxiety for more families than necessary. Parents will receive notifications via phone, text and email if their student has been in close contact with a positive COVID-19 case and needs to quarantine.

**Let's get active by running the Athlos Network. Schools in the Athlos network are competing to see who can run, bike, swim, walk, hike, etc. 4,800 miles, the distance between the schools and homecourt in the Athlos network.**

**Who can participate?** The whole Athlos community, including staff, students, and family members (pets too if you share a photo).

**What's the distance?** 4,800 Miles.

**What counts?** Anything that counts as physical movement, this includes running, walking, hiking, biking, etc. Bonus points if you share photos or video!

**How to report miles?** Coach Rowe will be in charge of tracking miles and marking the map at school every other week. Is there a prize? Yes! Two prizes will be awarded for students and staff who show the most Character and the most Grit. Character will be judged by the creativity used to run the network. Grit will be judged by those who run/walk/bike the most miles. \$25 Amazon Gift certificates will go to each prize winner.

Additionally, we encourage you and your students to share their experiences running the Athlos network on social media with the hashtags #RunTheAthlosNetwork and #AthlosHealthyBody. Let's see who can run the Athlos network first. The Athlos Academies homecourt team has already moved just over 400 miles!

Sincerely, Athlos Leadership team

**Run the  
Athlos  
Network!**

**4,800 miles**



## LOOKING AHEAD

**November 23–27**

Thanksgiving Break - NO SCHOOL

**December 17–18**

Early Dismissal

**December 21–January 1**

Winter Break - NO SCHOOL



# FAMILY FEEDBACK SURVEY

As we approach our second quarter, we want to take the time to ask for feedback on your family's experience and your child(rens)'s experience both on campus and in distance learning. We will send family feedback surveys frequently in an effort to continually improve and ensure we meet the needs of our families. Please take either the distance learning survey or on campus survey by clicking the buttons below.

[Distance Learning Survey](#)

[On Campus Learning Survey](#)

# BATTLE OF THE BOARDS!



## COVID-19 FAQs

**Q:** What happens when someone at Athlos tests positive for COVID-19?

**A:** If someone tests positive for COVID-19, anyone who has had close contact with the individual will be notified and asked to quarantine for 14 days from the date of exposure. We will no longer notify the entire school each time there is a positive COVID-19 case because this caused more confusion than necessary. Parents will be notified by phone, text and email if their child needs to quarantine.

**Q:** What Does Self-Quarantine Mean?

**A:** Self-quarantine means staying home, monitoring your health, and maintaining social distancing (at least 6 feet) from others at all times. This will help protect the people around you. Self-quarantine helps slow the spread of COVID-19 and can help keep your family, friends, and other people you have been around from possibly getting COVID-19.

**Q:** What is close contact?

**A:** A close contact is anyone who was within 6 feet of an infected person for at least 15 minutes over the course of 24 hours. An infected person can spread COVID-19 starting from 48 hours (or 2 days) before the person had any symptoms or tested positive for COVID-19.

**Q:** What Should our Family do During Self-Quarantine?

**A:**

- Take your temperature twice a day.
- Monitor yourself for any symptoms of COVID-19. See symptoms at: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- Notify the school and the health department if you develop symptoms.
- The Louisiana Department of Health suggests getting tested 5-6 days after exposure.

**Q:** How are parents notified if a student has had close contact with a student who is positive for COVID-19?

**A:** Our administration has been in regular communication with the Louisiana Department of Health to closely monitor this situation. Together, we have worked to identify individuals who may have been exposed and are following their recommendations.

Parents are notified as soon as possible through email, text and phone calls. Please make sure your contact information is up to date in PowerSchool.

# COVID-19 FAQs CONTINUED

**Q:** What are the symptoms of COVID-19?

**A:** People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. The CDC will continue to update this list as we learn more about COVID-19.

**Q:** Do siblings of students who have been quarantined also need to quarantine?

**A:** Only students who were identified as close contacts need to quarantine. Siblings of students who have been asked to quarantine do not need to quarantine unless the siblings show symptoms or are also identified as a close contact.

## COACHES CORNER SPOTLIGHT:



**Coach Rowe:**

My favorite part of Athletic Movement is seeing my students develop leadership by leading movement prep and working as a team during our games!

My favorite thing to do outside of Athlos is to explore new trails with my dog and trying out new restaurants!



**Coach Atkins:**

My favorite part about being an ATM coach is helping students gain the knowledge and skill to be lifelong movers.



# MEET THE NEW LOWER SCHOOL ASSISTANT PRINCIPAL

***We are excited to welcome Mr. Mark Perry as our new assistant principal of the lower school at Athlos Academy of Jefferson Parish.***

Mr. Perry is an experienced educator and innovative academic leader with more than 30 years of experience in the academic landscape. Perry states, "My education vision is to provide opportunities for all students to achieve academic excellence and to provide a high-quality teaching and learning environment that assures all students learn."

Mr. Perry earned his bachelor's degree in computer science management with a certification in educational leadership from Grambling State University and his master's degree in education from Xavier University. He holds multiple certifications in computer literacy, elementary education, and reading.

Mr. Perry comes to Athlos Academy from the Lafayette Academy Middle School where he was a computer technology teacher. Prior to this, he was the principal of Helen Cox High School in the Jefferson Parish Public School system for seven years.



## **HIS NUMEROUS PROFESSIONAL ACCOMPLISHMENTS AND MEMBERSHIPS INCLUDE:**

- Louisiana State Principal of The Year Semi-Finalist and the Jefferson Parish School System Principal of the Year in 2017.
- New Orleans Public School System Teacher of The Year 2001-2002
- Kappa Alpha Psi Fraternity, Inc.
- Kappa Delta Pi Tulane Chapter (International Honor Society in Education)
- Who's Who Among America's Teachers (2001, 2004, and 2005)
- Boys Town of New Orleans Volunteer
- New Orleans Mission Volunteer
- NASSP (National Association of Secondary Principals)
- LRA (Louisiana Reading Association)
- NRA (National Reading Association)
- NCTM (National Council of Teacher Mathematics)
- CSTA (Computer Science Teacher Association)
- LAP (Louisiana Association of Principals)

Mr. Perry started his position the week of October 26. Please join in welcoming him to the Athlos family.

# THE MORE YOU KNOW

## UPDATES AND REMINDERS



### PLEASE REMEMBER:

Water bottles must be clear and pre-filled with only water. Please do not send other types of water bottles to school and do not fill them with anything but water. Thank you!



### MEALS FOR DISTANCE LEARNERS

Meals are be distributed at the school twice per week, on Mondays and Wednesdays from 9 a.m. to noon. The meals are frozen, served with milk. Meals are distributed in the back of the school by the gym and the cafeteria. Families will need to enter the Driveline route at the school and proceed around the building. Staff will bring meals to your car, please do not exit your vehicle. We will have a contactless service.

Instructions to parents: Drive up to the designated area, give lunch number/student number/clever number (all are the same number). Our staff will then place food in the trunk or passage side of the vehicle.

- On Monday: we will serve both breakfast and lunch for Monday and Tuesday.
- On Wednesday we will serve both breakfast and lunch for Wednesday, Thursday, and Friday.