

Frequently Asked COVID Questions...

Help Topics for COVID



Who came up with all of the COVID rules and policies?

Athlos Academy follows the rules and policies set out by the CDC and Louisiana Department of Health. If the CDC and Louisiana Department of Health put out new information regarding COVID and change their rules and policies, then Athlos Academy will reevaluate the current rules and policies and change them as necessary.



If my child tests positive for COVID or is a close contact to someone that tested positive for COVID at home, do I have to let the school know?

Yes. You must notify the school immediately if your student(s) test positive for COVID or is a close contact to someone at home that tests positive COVID. Letting the school know allows us to notify staff/other students of a possible COVID exposure and allows us to excuse the student's absences until his/her return date.

Where else can I get my child tested?

If your student needs to get tested and testing is not able to be done at the school, we highly recommend trying to make an appointment to get your student tested. Several options in the surrounding area provide COVID testing. Athlos Academy will also accept at home COVID tests.



Is it mandatory for my child to wear a mask at school?

Yes. For the safety of other students and staff members, we have continued to implement the mask policy. All students must wear the mask correctly over their mouth and nose while at school.



How do I know what my child's return date is after having COVID/being exposed to COVID?

You must call the school and the school nurse will tell you when the student can return to school.

What do I do if my child tests positive for COVID?

If your student tests positive for COVID then they must quarantine for 5 days from their positive test with day 1 being the day after they were tested.



Is it okay if I just notify the student's teacher?

No. You must call the front office and let the front office know. They will then email the nurse and the nurse will reach out to the parent/guardian. The school nurse will then email administration as necessary to have the student's absences excused and to have other students notified that there was a possible COVID exposure.



What do I do if my child is a close contact to someone at home who tested positive?

If your student is a close contact to someone that tested positive for COVID at home, then they must quarantine for 5 days. On the 5th day of quarantine, the student must get tested and have the results before returning to school.

For example: If your student tests positive for COVID from a test done on Sunday, then the student's day 1 of quarantine would be Monday and the student's last day of quarantine would be Friday. The student would be able to return to school that following Monday.



What do I do if my child is a close contact to someone at Athlos Academy?

If your student is a close contact to someone at Athlos Academy, an email will be sent out with information regarding this situation. Parents/guardians are given the option to quarantine their student but they must fill out the survey on the email stating if they will be quarantining their student or not. Whether quarantining or not, the student should get tested on day 5 after exposure to make sure your student did not contract the virus.



If a parent tests positive for COVID, can the student still go to school?

No. If a parent/family member/friend in the household tests positive COVID, then your student would be a close contact. Your student should quarantine for 5 days after they were last exposed to that person and get tested on day 5. You should notify the Athlos Academy school nurse of the test results before sending your child to school.

Do I have to get my child re-tested before returning to school after they have already been on quarantine for testing positive for COVID?

No. You do not need to get your child retested since there is a possibility that you can test positive for COVID for up to 3 months after having COVID. As long as your child has quarantined for the full 5 days and does not return until the discussed return date, then the child is okay to return to school.

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If one of my students had a close contact at Athlos Academy and I choose to quarantine him/her, can I quarantine my other child too that also goes to Athlos Academy?

No. Since that one student was a close contact, the sibling would not be a close contact unless the close contact student ends up testing positive for COVID. If you choose to quarantine both students then the absences for the student that was not a close contact cannot be excused.



Can I still let my child return to school even if the day before he/she is supposed to return he/she is running a fever and having worse symptoms?

No. The student must be fever free for 24 hours before returning to school and the student's symptoms must be resolving. The student's symptoms do not have to be completely resolved since some symptoms can linger longer than others can, but symptoms must be resolving.



If a parent tests positive COVID, can the student stay with the other parent or a grandparent so that the student can continue going to school?

No. If a parent/family member tests positive COVID and the student has been with that parent/family member, then the student has already been exposed to COVID. Even if you send the student to stay with someone else until that parent/family member is no longer contagious, the student has already come in contact with the virus and could potentially spread it to others. This student must quarantine for 5 days since they are a close contact, get tested on day 5 and notify the school nurse of the test results.



My student got tested but the test results take a few days to come back. Can I send my student to school until I get the test results?

No. Any student that has pending COVID results should not return to school until the test has fully resulted.



My child has to quarantine but how can I get assignments to have my child keep up with his/her school work that he/she will miss while out?

It is highly recommended messaging your student's teachers through the Dojo app or by their work emails if you have these.



Do you do COVID testing at the school? When do you do COVID testing?

Yes. We provide COVID testing for the students at Athlos Academy, and the testing is done by the school nurse. The student must be registered to get tested in order for the nurse to test the student. An email was sent out with an attachment to sign up for your student to get tested. Sign up your student as soon as possible in case a situation arises where you want your student to get tested at the school.

- Once you sign your student up to get tested, it takes about 3 hours for their name to appear on the list for the nurse to test them.
- Once a student is COVID tested, it takes 20 minutes for the test to result. Parents/guardians should receive a text and an email with the results.

The nurse does COVID testing for students whose parents call the school and ask for their student to get tested, students who were a close contact to someone at school and have permission from their parent to get tested, and student who is showing symptoms and has permission from parent to get tested. Sometimes situations arise where the nurse is unable to test students at the school (i.e. waiting for new shipment of COVID testing kits, technical issues with the system). While we do understand that not being able to have your student tested at the school when you want them to get tested or when they need to get tested is an inconvenience, being able to COVID test at the school is an amazing privilege we have received. We appreciate your patience and understanding if a situation arises where you may have to take your student somewhere else to get COVID tested.

My student is having COVID related symptoms. What should I do?

Any student that is having any COVID related symptoms should not be sent to school. We understand that the symptoms of COVID can also be symptoms of other illnesses as well, but we are trying to be as safe and cautious in an attempt to keep all students and faculty safe and healthy.

Please monitor your students daily. If there are any questionable symptoms, please do not send your student to school. Keep them home and monitor their symptoms. If there are any concerns for COVID, please get them tested as soon as possible

My child was a close contact but has not shown any symptoms of COVID, do I still have to get him/her tested?

Yes. Some people have COVID and are asymptomatic. That is why we ask that all students that have been a close contact to someone that has tested positive COVID to get tested on day 5 after exposure.



If I have any other COVID related questions, who can I talk to?

You are more than welcome to contact the school and ask to talk to the school nurse. If she is not able to speak to you right away, then leave a voicemail and she will get back to you in a timely manner.

**Nurse Wells
(504) 290-2510**

We understand this is a stressful and difficult time. We appreciate your patience and understanding as we power through school while continuing to navigate through COVID obstacles.