



# February Menu

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## DATES TO KNOW

30	31	1 <b>B:</b> Cinnamon waffles, turkey link  <b>L:</b> Pepperoni pizza, steamed corn, baby carrots w/ranch	2 <b>B:</b> Banana muffin, string cheese  <b>L:</b> Oven fried chicken, mustard greens, seasoned yellow rice	3 <b>B:</b> Maple pancake, chicken sandwich  <b>L:</b> Hamburger, oven baked fries, lettuce and tomato, pickle, mayo, ketchup and mustard
6 <b>B:</b> Blueberry muffin, string cheese  <b>L:</b> Red beans with smoked turkey sausage and rice, green beans, cornbread	7 <b>B:</b> Scrambled eggs, biscuit  <b>L:</b> Turkey Nachos: seasoned meat, tortilla chips, salsa, shredded lettuce, cheese, seasoned corn	8 <b>B:</b> Sausage biscuit sandwich  <b>L:</b> Herb roasted chicken, potato au gratin, steamed broccoli, garden salad, biscuit	9 <b>B:</b> Banana muffin, string cheese  <b>L:</b> Spaghetti with meat sauce, green beans, garlic bread	10  <b>No School</b>
13 <b>B:</b> Blueberry muffin, string cheese  <b>L:</b> White beans with smoked turkey sausage and rice, green beans, cornbread	14 <b>B:</b> Scrambled eggs, biscuit  <b>L:</b> Turkey Nachos: seasoned meat, flour tortilla, salsa, shredded lettuce, cheese, seasoned corn	15 <b>B:</b> Sausage biscuit sandwich  <b>L:</b> Chicken sausage, gumbo and rice, garden salad, grilled cheese sandwich	16 <b>B:</b> Banana muffin, string cheese  <b>L:</b> Hot dog on a bun, oven baked fries, chili, ketchup and mustard	17  <b>No School Mardi Gras</b>
20  <b>No School Mardi Gras</b>	21  <b>No School Mardi Gras</b>	22  <b>No School Mardi Gras</b>	23  <b>No School Mardi Gras</b>	24  <b>No School Mardi Gras</b>
27 <b>B:</b> Cinnamon waffle, turkey link  <b>L:</b> Chicken tenders, potato wedges, dinner roll, raw baby carrots w/ranch	28 <b>B:</b> Turkey sausage patty, WG biscuit  <b>L:</b> Turkey Nachos: seasoned meat, tortilla chips, salsa, shredded lettuce, cheese, seasoned corn			<b>SECOND OPTION SERVED DAILY: Cereal and string cheese</b>

Dates are subject to change. See calendar for more dates and details: Events Archive - *Athlos Academy of Jefferson Parish* ([athlosjp.org](http://athlosjp.org))

Scan QR code with phone to be taken to School Calendar



- Made-from-scratch, wholesome meals.
- Meals crafted by true chefs and nutrition experts.
- Produce fresh from local, organic farms where possible.
- There are no pork products within this menu unless stated.
- Meets and exceeds USDA School Meal requirements.
- Menu items are subject to change.

- Fresh fruit and/or veggies are served with every meal.
- Choice of 1% Milk, non fat chocolate or strawberry milk served daily with every meal.



## STUDENT MEAL AND DRINK PRICES

Breakfast: \$1.75 | Reduced Breakfast: 30c  
Lunch: \$2.75 | Reduced Lunch: 40c  
Milk: 50c | Juice: 50c | Water: 50c

