



SEPTEMBER 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29

30

▶ TRITON DANCE

31

1

▶ TRITON DANCE

2

5

6

▶ TRITON DANCE

7

8

▶ TRITON DANCE

9

12

▶ TRITON CHEER & TINY TRITON CHEER
▶ TINY/DEMI TRITON SPORTS

13

▶ TRITON DANCE
▶ TINY/DEMI TRITON SPORTS

14

▶ TRITON CHEER & TINY TRITON CHEER
▶ TINY/DEMI TRITON SPORTS

15

▶ TRITON DANCE
▶ TINY/DEMI TRITON SPORTS

16

19

▶ TRITON CHEER & TINY TRITON CHEER
▶ FLAG FOOTBALL
▶ TINY/DEMI TRITON SPORTS

20

▶ TRITON DANCE
▶ FLAG FOOTBALL
▶ TINY/DEMI TRITON SPORTS

21

▶ TRITON CHEER & TINY TRITON CHEER
▶ FLAG FOOTBALL
▶ TINY/DEMI TRITON SPORTS

22

▶ TRITON DANCE
▶ FLAG FOOTBALL
▶ TINY/DEMI TRITON SPORTS

23

26

▶ TRITON CHEER & TINY TRITON CHEER
▶ FLAG FOOTBALL
▶ GIRLS BASKETBALL
▶ TINY/DEMI TRITON SPORTS

27

▶ TRITON DANCE
▶ FLAG FOOTBALL
▶ GIRLS BASKETBALL
▶ TINY/DEMI TRITON SPORTS

28

▶ TRITON CHEER & TINY TRITON CHEER
▶ FLAG FOOTBALL
▶ GIRLS BASKETBALL
▶ TINY/DEMI TRITON SPORTS

29

▶ TRITON DANCE
▶ FLAG FOOTBALL
▶ GIRLS BASKETBALL
▶ TINY/DEMI TRITON SPORTS

30

★
PRACTICE IS
FROM 3:15 PM
TO 4:30 PM



OCTOBER 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 <ul style="list-style-type: none">▶ TRITON CHEER & TINY TRITON CHEER▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	4 <ul style="list-style-type: none">▶ TRITON DANCE▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	5 <ul style="list-style-type: none">▶ TRITON CHEER & TINY TRITON CHEER▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	6 <ul style="list-style-type: none">▶ TRITON DANCE▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	7
10	11 <ul style="list-style-type: none">▶ TRITON DANCE▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	12 <ul style="list-style-type: none">▶ TRITON CHEER & TINY TRITON CHEER▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	13 <ul style="list-style-type: none">▶ TRITON DANCE▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	14
17 <ul style="list-style-type: none">▶ TRITON CHEER & TINY TRITON CHEER▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	18 <ul style="list-style-type: none">▶ TRITON DANCE▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	19 <ul style="list-style-type: none">▶ TRITON CHEER & TINY TRITON CHEER▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	20 <ul style="list-style-type: none">▶ TRITON DANCE▶ FLAG FOOTBALL▶ GIRLS BASKETBALL▶ TINY/DEMI TRITON SPORTS	21
24 <ul style="list-style-type: none">▶ TRITON CHEER & TINY TRITON CHEER▶ FLAG FOOTBALL▶ GIRLS BASKETBALL	25 <ul style="list-style-type: none">▶ TRITON DANCE▶ FLAG FOOTBALL▶ GIRLS BASKETBALL	26	27 <ul style="list-style-type: none">▶ TRITON DANCE▶ FLAG FOOTBALL▶ GIRLS BASKETBALL	28
31 <ul style="list-style-type: none">▶ TRITON CHEER & TINY TRITON CHEER▶ GIRLS BASKETBALL	1 <ul style="list-style-type: none">▶ TRITON DANCE▶ GIRLS BASKETBALL	2 <ul style="list-style-type: none">▶ TRITON CHEER & TINY TRITON CHEER▶ GIRLS BASKETBALL	3 <ul style="list-style-type: none">▶ TRITON DANCE▶ GIRLS BASKETBALL	4

★
PRACTICE IS
FROM 3:15 PM
TO 4:30 PM



NOVEMBER 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ GIRLS BASKETBALL

1

- ▶ TRITON DANCE
- ▶ GIRLS BASKETBALL

2

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ GIRLS BASKETBALL

3

- ▶ TRITON DANCE
- ▶ GIRLS BASKETBALL

4

7

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

8

9

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

10

- ▶ TRITON DANCE
- ▶ VOLLEYBALL

11

14

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

15

- ▶ TRITON DANCE
- ▶ VOLLEYBALL

16

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

17

- ▶ TRITON DANCE
- ▶ VOLLEYBALL

18

21

22

23

24

25

28

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

29

- ▶ TRITON DANCE
- ▶ VOLLEYBALL

30

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

1

- ▶ TRITON DANCE
- ▶ VOLLEYBALL

2

★
PRACTICE IS
FROM 3:15 PM
TO 4:30 PM



DECEMBER 2022

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

29

- ▶ TRITON DANCE
- ▶ VOLLEYBALL

30

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

1

- ▶ TRITON DANCE
- ▶ VOLLEYBALL

2

5

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

6

- ▶ TRITON DANCE
- ▶ VOLLEYBALL

7

- ▶ TRITON CHEER & TINY TRITON CHEER
- ▶ VOLLEYBALL

8

- ▶ TRITON DANCE
- ▶ VOLLEYBALL

9

12

13

14

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16

19

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23

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PRACTICE IS
FROM 3:15 PM
TO 4:30 PM